lunch menu

MAIN

served with chips and salad

	Members	Non-Members
200g Rump	$27.90	$31.00
Roast of the Day	$19.80	$22.00

Served with seasonal vegetables

Seafood Basket (M)

Crumbed Prawns (I)

Fish of the Day (A)

Crumbed, Battered or Grilled

Crumbed Steak

Crumbed Chicken

Chicken Kiev

Quiche of the Day

Spring Rolls

Caesar Salad

Garden Salad

Substitute sides for vegetables $6

APPETIZERS

Garlic Bread	$9.00
Cheesy Garlic Bread	$11.00
Cheesy Bacon & Garlic Bread	$12.00

WRAPS & BURGERS

served with chips

	Members	Non-Members
Cove Burger	$25.20	$28.00
Steak & Crumbed Prawns (M)		
Tropical Cove Burger	$19.80	$22.00
Crumbed Chicken, Pineapple & Ranch Dressing		
Chicken	$19.80	$22.00
Crumbed or Grilled		
Fish (A)	$19.80	$22.00
Crumbed, Battered or Grilled		
Steak	$19.80	$22.00
Crumbed or Grilled		
Bacon & Egg	$19.80	$22.00

SAUCES

Gravy
Dianne
Mushroom
Pepper
Creamy Garlic

$3.00

All sauces are GF

KIDS

served with chips - kids 12 & under

Battered Fish (A)

Crumbed Steak

Crumbed Chicken

Toasted Ham & Cheese Sandwich

ALL $13

DESSERTS

Homemade Cheesecake $8.50

See the kitchen for options

Ice Cream Sundae $7.50

Chocolate, Strawberry or Caramel

Legend
A - Australian Seafood
I - Imported Seafood
M - Mixed Seafood
GF - Gluten Free

Lunch Monday - Friday 11.30am to 1.45pm
Dinner Wednesday to Saturday 6pm to 7.45pm

We ask that anyone with allergies or food aversion speak directly to our Chef or a staff member for alternative options.